

The NEWS Project & The Catherine White Holman Wellness Centre Presents...

Are you someone with lived experience of mental illness?



Are you interested in exploring and sharing your story?

Oral History & Testimonial Workshop

Facilitated by author and storyteller **Amber Dawn**, and filming or audio recording by filmmaker **Gwen Haworth**

This workshop is a non-judgmental, easygoing space for you to voice your experiences and ideas about the myths and realities of mental health. Facilitated audio interviews take 10 -15 minutes. You can choose to interview one-on-one with Amber Dawn or work in small groups.

Having your story filmed is optional.

Date: August 11th 2013

Time: 2:00PM - 5:00PM

Location: 1145 Commercial Drive (Reach Clinic)

RSVP: qbennett@raincityhousing.org or 604-345-7163

14 Seats Available. Honoraria & food provided!





